



## Infectious Diseases *description and stages*

Disease	Time between exposure and sickness	This Disease is spread by...	Early signs	Infectious period	Exclusion of child from Preschool
<i>Campylobacter</i>	1-10 days Usually 3-5 days	Undercooked food such as chicken and meat; food water contaminated with faeces from an infected person or animal; or direct spread from an infected person or animal	Stomach pain, fever and diarrhea	Until well, and possibly several weeks	24 hours after a normal stool
<i>Chicken Pox</i>	13–17 days	Coughing and sneezing. Also direct contact with weeping blisters	Fever and spots with a blister on top of each spot	From 5 days before the first lot of blisters until 5 days after the first lot of blisters	For 5 days after appearance of blisters
<i>Conjunctivitis</i> (viral or bacterial)	24-72 hours	Direct contact with discharge from the eyes or items that are contaminated with the discharge	Irritation and redness of eye. Sometimes there is discharge.	While there is discharge from the eyes, the child is infectious	While there is a discharge from the eyes
<i>Cryptosporidium</i> Giardia	Crypt 1-12 days Average about 7 days Giardia 3-25 days Usually 7-10 days	From food or water contaminated with faeces from an infected person or animal; or by direct spread from an infected person or animal	Stomach pain and diarrhea	Until well, and possibly several weeks after. Giardia can be cleared by medication	Until well with no further diarrhea
<i>Gastroenteritis</i> (viral)	1-3 days	From food or water contaminated with faeces from an infected person; or by direct spread from an infected person	Vomiting, diarrhea and fever	While vomiting and diarrhea, last and up to 7 days after illness starts	Until well, with no further vomiting or diarrhea. After 24 hours of normal stools & vomiting
<i>Hand, Foot and Mouth Disease</i>	3-5 days	The virus is spread by coughing, or by poor hand-washing	Fever, rash on soles and palms and in the mouth. Flu-like symptoms	As long as there is fluid in the blisters. The virus will be in the stools (faeces) for several weeks	Blisters must be dry
<i>Impetigo</i> (school sores)	Usually 7-10 days	Direct contact with discharge from infected skin	Scabby sores on exposed parts of body	Until 24 hours after treatment with antibiotics has started or until sores are healed	Advice given by doctor
<i>Whooping Cough</i> Pertussis	7-10 days	Coughing and sneezing	Runny nose, irritating cough 1-2 weeks. Moves to whooping sound, followed by vomiting	3 weeks	After 5 days of treatment